



Being Mortal: Medicine and What Matters in the End

Atul Gawande

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In *Being Mortal*, best-selling author Atul Gawande tackles the hardest challenge of his profession: How medicine can not only improve life but also the process of its ending.

Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering.

Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified.

Full of eye-opening research and riveting storytelling, *Being Mortal* asserts that medicine can comfort and enhance our experience even to the end, providing not only a good life but also a good end.

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Spent a free time to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they doing activity like watching television, about to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the book untitled Being Mortal: Medicine and What Matters in the End can be excellent book to read. May be it can be best activity to you.

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In this era which is the greater person or who has ability in doing something more are more valuable than other. Do you want to become one among it? It is just simple method to have that. What you have to do is just spending your time not very much but quite enough to experience a look at some books. One of the books in the top record in your reading list is definitely Being Mortal: Medicine and What Matters in the End. This book and that is qualified as The Hungry Hillside can get you closer in getting precious person. By looking way up and review this guide you can get many advantages.

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