



Community Health Psychology: Empowerment for Diverse Communities

Victor De La Cancela, Jean Lau Chin, Yvonne Jenkins

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As the number of people of color rapidly grows within the US population, health providers in these communities have become increasingly aware of the need to address the concerns and problems particular to each group. It's also become clear that as the delivery of our health care systems evolve, a new approach must be summoned to build systems both cost-effective and socially responsible.

Community Health Psychology offers a new and different perspective for redressing the gaps in our systems of care. The authors contend that in order to begin an attempt at eradicating the more intractable societal problems, health providers need to tailor themselves to a more culturally competent approach, which addresses all members of a community they claim to serve.

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