



# **Interventions for Mental Health: An Evidence Based Approach for Physiotherapists and Occupational Therapists, 1e**

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## Interventions for Mental Health: An Evidence Based Approach for Physiotherapists and Occupational Therapists, 1e

This comprehensive resource provides detailed information on a variety of therapeutic interventions that are beneficial for patients with mental illness. Especially helpful for physiotherapists and occupational therapists, coverage includes physical activities and complementary therapies for those dealing with sexual abuse, self harm, eating disorders, chronic fatigue syndrome, substance abuse, and more.

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