

Miles to Go: What I did after Runner's World said I had done enough

Joe Henderson



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(from the Introduction) This book book travels through my post-Runner's World years. When the editor cut me loose in late 2003, I still had many more miles to go – on foot and as coach, as well as in print. These are stories about some of those miles. My column moved to Marathon & Beyond, where most of those pieces continued to tell, in serial form, what I kept doing after RW said I was done. The book rests heavily, though not exclusively, on those magazine columns.

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