



The Embodiment Journal - Volume 2: Somatics and Embodiment for Health, Leadership and Life

Francis Briers, Diane Parker, Pete Hamill, Deborah Turnbull, Mark Walsh, Zia Ali, Tom Kenward

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The Embodiment Journal - A Quarterly Publication on Somatics and Embodiment for Health, Leadership and Life, is a new publication gathering together articles on embodiment and somatics from some of the top established practitioners and teachers in the field and from some of the rising stars.

This Second Volume includes the following articles:

An Introduction by Editor, Francis Briers

Changing, moving, growing, healing: an embodiment journey by Diane Parker

Somatic Marker Theory as a framework for embodiment by Pete Hamill

Poetry by Deborah Turnbull

The Body of War and Peace by Mark Walsh

Ritual: Embodied Method for Systemic Transformation by Zia Ali

Journeying back to my body - Tom Kenward

Whether you are an 'old hand' in working with embodiment or you are newly exploring this dynamic territory this journal will offer a range of both deep and accessible articles by excellent authors.

This is set to be an exciting new 'home' for the dialogue around embodiment and somatics.

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