



ABC of Spinal Disorders

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Spinal problems are one of the most common presentations confronting general practitioners. GPs see over 5 million patients per year in relation to back pain alone. It is one of the most common causes of absence from work and has an estimated treatment cost of £12 billion.

Written by a multidisciplinary team of authors, including doctors, physiotherapists, and osteopaths, the *ABC of Spinal Disorders* is uniquely placed to address the causes and management of the different spinal conditions presenting in general practice. Providing practical guidance and advice on diagnosis, treatment, and when to refer the patient for further help, it is ideal for general practitioners, junior doctors, Foundation doctors, and all allied health professionals.

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