



# Sexual Health in Drug and Alcohol Treatment: Group Facilitator's Manual

*Douglas Braun-Harvey*

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Braun-Harvey's manual deserves to become widely adopted at treatment centers across the United States and beyond. His approach offers an effective method for mitigating the shame that binds people to their addictions. In doing so, it may help pave the way to protracted recovery."--**Journal of Groups in Addiction and Recovery**

The curriculum...provides a vision for chemical dependency treatment I have attempted to address for many years. This looks like an approach that finally meets this need."

--**Eli Coleman, PhD**

Director of the Program in Human Sexuality  
University of Minnesota

In this new evidence-based curriculum...Doug Braun-Harvey challenges our attitudes and beliefs, as well as our traditional ways of providing treatment....This material on sexual health can help to provide a missing piece for many recovering addicts."

--**Stephanie S. Covington, PhD, LCSW**

Author, *Women and Addiction: A Gender-Responsive Approach*

For men and women in addiction recovery, sexual behavior linked with drug or alcohol use is too often the primary reason for relapse. When sexuality is not directly and positively addressed in drug and alcohol treatment, it can result in treatment failure or relapse.

This group facilitator's guide introduces a pioneering, evidence-based curriculum, designed to integrate concepts of sexual health, current sex research, and recent developments in relapse prevention research. With this guide, group facilitators can offer clients a positive and safe forum within which to understand and change their sex/drug- linked behaviors.

## **Key Features:**

- Requires no specialized training, and can be integrated into a wide variety of treatment programs with all types of clientele
- Contains lesson plans on dating and relationships, spirituality and sexuality, non-consensual sex, out-of-control sexual behavior, and more
- Complete with suggested group activities, guided discussions, questions, role- plays, and more
- Has been proven to improve client retention and decrease sexual behavioral problems

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People live in this new moment of lifestyle always try to and must have the spare time or they will get large amount of stress from both lifestyle and work. So , whenever we ask do people have time, we will say absolutely of course. People is human not really a robot. Then we ask again, what kind of activity have you got when the spare time coming to you of course your answer will unlimited right. Then do you ever try this one, reading guides. It can be your alternative with spending your spare time, the book you have read is actually Sexual Health in Drug and Alcohol Treatment: Group Facilitator's Manual.

#### **Eunice Nunn:**

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there Mr. and Mrs. busy do you still doubt that?

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