



The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7)

Katrina Kahler

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Karen Campbell and Katrina Kahler are award winning teachers and parenting experts who have finally filled a much needed gap in puberty education. You don't want your young daughter or son reading a book on puberty that includes explicit sexual information. Children are entering puberty earlier, some as young as nine. They're still playing with dolls and leggo and are little kids in their heads. Karen searched for books when her daughter and son entered puberty, but none of the books available were written for little children. This book tells your child all the information they need to know in simple to understand and appropriate language.

The book is broken into four sections.

Advice for Boys and Girls: This section talks about confidence; moods and feelings and hope to cope with them; the pressures of growing up; friends and bullies and pimples.

A Young Girl's Guide to Growing Up: The second part of the book is devoted to girls and gives advice on topics such as: what is normal; breasts and bras; dealing with teasing; body hair; body odor; body shape and image; periods and boyfriends.

What Happens to Boys During Puberty?: This section is for the boys and it focuses on the changes that boys will experience such as: voice changes; body hair; body shape and size; interest in girls; genitals; pimples; body odor and mood swings.

The final section is **Advice for Parents** and we talk about how your child will change; body image and strategies to make sure they remain confident about their bodies; interest in the opposite sex and how to praise a teen.

This book will help your daughter or son understand what they are going through without exposing them to unnecessary information about sex that is more suitable for older teenagers. This book was written after Karen had to rip out many pages from a puberty book she had purchased for her daughter. At the age of 9 to 13 children don't need to or want to know about all the different types of sex humans can have.

We hope you love this book. It is part of a series of 7 smaller books and an overall book called 'The Parenting Tap'.

The other books in the series include:

Confident Kids: How Parents Can Raise Positive, Confident, Resilient and Focused kids

Communicating With Your Kids: Learning How To Talk and Listen To Each Other

How To Improve Your Child's Behavior Today: Secrets to Raising Well-Behaved Children

Achieving Success at School: Help With Reading, Spelling, Writing & Math

Smart Baby: Give Your Baby or Toddler a Massive Head Start

The Parenting Trap: How To Avoid the Pitfalls and Raise a Child You'll Be Proud of (This book includes all the above books)

There is no doubt that you will benefit from the straight forward and simple to follow advice that Karen and Katrina give out. This is an investment in your child's future and your sanity.

Puberty can be a difficult time for children and parents, but if you are both prepared for the changes ahead, the transition from child to teenager will be smoother and you'll make fewer mistakes along the way.

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Theresa Pepper:

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Krystal Wilson:

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Jennifer Smith:

Nowadays reading books are more than want or need but also get a life style. This reading routine give you lot of advantages. The huge benefits you got of course the knowledge even the information inside the book that will improve your knowledge and information. The info you get based on what kind of e-book you read, if you want have more knowledge just go with education books but if you want feel happy read one using theme for entertaining like comic or novel. The actual The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7) is kind of book which is giving the reader capricious experience.

Erik Garcia:

What is your hobby? Have you heard which question when you got students? We believe that that issue was given by teacher to the students. Many kinds of hobby, All people has different hobby. And you also know that little person such as reading or as looking at become their hobby. You have to know that reading is very important and also book as to be the thing. Book is important thing to add you knowledge, except your teacher or lecturer. You find good news or update concerning something by book. Numerous books that can you choose to adopt be your object. One of them is this The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7).

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