

Visualization Techniques: Visualizing A Mystical Method For Starting A New Life

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Introduction

Let us now explore the mystical method by which you may actually begin a new life. It is essential that you pour out all the old habit patterns you have built in your mind in the past and then build new habit patterns of health, happiness, riches, and success.

The Master Jesus gave the formula for doing this in Matt. 10:17: Neither do men put new wine into old bottles: else the bottles break, and the wine runneth out, and the bottles perish: but they put new wine into new bottles, and both are preserved.

This same analogy exists with your mind. Up until now your mind may have be filled with all kinds of negative patterns and discouraging ideas. You may have thought in habit patterns of fear, worry hate, sickness, accident, failure and unhappiness. This is true of most people brought up in our modern age. It is difficult to change your life philosophy overnight and build new mental habits that are positive.

Contents

Chapter 1... The Land Of Beginning Again

Chapter 2... The First Step Is Mental

Chapter 3... Shatter The Mold Of Past Failures

Chapter 4... How The Remodeling Process Begins

Chapter 4... Principles To Incorporate In Your New Life

Chapter 6... Technique For Organizing And Starting Your New Life

Chapter 7... Summary



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