

Wake Up Productive: Rise, Shine and Take Massive Steps Towards Being Successful by Having and Effective Morning Routine

Patricia Mayo

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Not a morning person? If you're like most overstressed, overworked people, you need more motivation upon waking to set the stage for a landslide of productivity. Everyone wants their mornings to run smoothly, but no one knows how to make that happen. "Wake Up Productive" changes all of that by showing you the absolute best way to start your day! This guide helps you build basic, consistent morning habits that can lead to massive, measurable success. Whether you're an entrepreneur or stay at home mom, this book will change the way you think about the dreaded morning routine.



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