



You Grow Girl

Gayla Trail

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This is not your grandmother's gardening book. *You Grow Girl* is a hip, humorous how-to for crafty gals everywhere who are discovering a passion for gardening but lack the know-how to turn their dreams of homegrown tomatoes and fresh-cut flowers into a reality.

Gayla Trail, creator of YouGrowGirl.com, provides guidance for both beginning and intermediate gardeners with engaging tips, projects, and recipes -- whether you have access to a small backyard or merely to a fire escape. *You Grow Girl* eliminates the intimidation factor and reveals how easy and enjoyable it can be to cultivate plants and flowers even when resources and space are limited. Divided into accessible sections like Plan, Plant, and Grow, *You Grow Girl* takes readers through the entire gardening experience:

1. Preparing soil
2. Nurturing seedlings
3. Fending off critters

1. Reaping the bounty
2. Readyng plants for winter
3. Preparing for the seasons ahead

Gayla also includes a wealth of ingenious and creative projects, such as:

1. Transforming your garden's harvest into lush bath and beauty products
2. Converting household junk into canny containers
3. Growing and bagging herbal tea
4. Concocting homemade pest repellents

...and much, much more.

Witty, wise, and as practical as it is stylish, *You Grow Girl* is guaranteed to show you how to get your garden on. All you need is a windowsill and a dream!

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