



ABC of Alcohol (ABC Series)

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The misuse of alcohol presents both individual physical and psychological problems as well as wider social consequences. Alcohol misuse is a frequent cause of attendance in accident and emergency departments and an underlying factor in a range of long term and chronic conditions commonly treated and managed within primary care settings.

This expanded fifth edition includes new chapters on alcohol and the young person, alcohol related liver disease, neurological problems, alcohol and the older person, alcohol and cancer, and the alcohol nurse specialist. There is also improved coverage of the role of alcohol health workers, and guidance on the availability of voluntary alcohol services more generally, and the concluding resources chapter provides further guidance on how to access appropriate services. It incorporates current NICE guidelines, the Government's Alcohol Strategy 2012, as well as case study scenarios and examples of best practice throughout.

From a new editor and a multidisciplinary contributor team, *ABC of Alcohol* is a practical guide for general practitioners, family physicians, practice nurses, primary healthcare professionals as well as for junior doctors, medical and nursing students.

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