



# Dr. Spock's Baby and Child Care

*Benjamin Spock*

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DR SPOCK'S BABY AND CHILD CARE has been the trusted guidebook for generations of parents across the world. Now in this fully revised edition of the timeless bestseller, you'll find all the expert paediatric advice you need to meet the challenges of bringing up children in the new millennium. DR SPOCK'S BABY AND CHILD CARE tackles all the commonplace issues that affect parents such as potty training, sleep problems, first aid and breast-feeding but it also includes sections on more specific areas of concern including \* Vaccines and autism \* Allergies\* Learning, behavioural and physical disorders\* Dental and vision care\* Bringing up children in stepfamilies\* Gay and lesbian parenting With all-new glossaries of medical terms and common medications, and an updated list of resources, this essential and invaluable guide will help all parents face their responsibilities with more confidence and joy than ever before. As Dr Spock always said: 'Trust yourself. You know more than you think you do.'

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