

Mistakes Were Made (But Not by Me): Why We Justify Foolish Beliefs, Bad Decisions, and Hurtful Acts

Carol Tavris, Elliot Aronson



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Why do people dodge responsibility when things fall apart? Why the parade of public figures unable to own up when they screw up? Why the endless marital quarrels over who is right? Why can we see hypocrisy in others but not in ourselves? Are we all liars? Or do we really believe the stories we tell?

Backed by years of research and delivered in lively, energetic prose, *Mistakes Were Made (But Not by* Me) offers a fascinating explanation of self-deception—how it works, the harm it can cause, and how we can overcome it.

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