



Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It

Jerome J. Schultz

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A new approach to help kids with ADHD and LD succeed in and outside the classroom

This groundbreaking book addresses the consequences of the unabated stress associated with Learning disabilities and ADHD and the toxic, deleterious impact of this stress on kids' academic learning, social skills, behavior, and efficient brain functioning. Schultz draws upon three decades of work as a neuropsychologist, teacher educator, and school consultant to address this gap. This book can help change the way parents and teachers think about why kids with LD and ADHD find school and homework so toxic. It will also offer an abundant supply of practical, understandable strategies that have been shown to reduce stress at school and at home.

- Offers a new way to look at why kids with ADHD/LD struggle at school
- Provides effective strategies to reduce stress in kids with ADHD and LD
- Includes helpful rating scales, checklists, and printable charts to use at school and home

This important resource is written by a faculty member of Harvard Medical School in the Department of Psychiatry and former classroom teacher.

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