



# **Where Did My Wife Go? Understanding & Surviving Menopause, Mid-Life Crises & the Empty Nest Syndrome**

*Jim Vigue*

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This book will help men and their wives understand more clearly what is happening to a woman when she enters this stage of her life. It is an eye-opening account of biological and psychological roadblocks to healthy relationships and what can be done about them. The book offers practical and easy to follow steps that can help men deal with and understand these very complex issues.

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