



# Mechanisms and Management of Pain for the Physical Therapist

*Kathleen A. Sluka*

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## **Mechanisms and Management of Pain for the Physical Therapist** Kathleen A. Sluka

Comprehensive in scope and invaluable for both practitioners and students, *Mechanisms and Management of Pain for the Physical Therapist*, 2nd Edition, thoroughly covers the wide range of issues requiring the interdisciplinary management of pain. Joined by more than 20 international contributors, Dr. Kathleen Sluka provides a practical, evidence-based framework for understanding the basics of pain mechanisms and management. This highly regarded, updated text covers the basics of pain neurobiology and reviews evidence on the mechanisms of action of physical therapy treatments, as well as their clinical effectiveness in specific pain syndromes.

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