



## How Do You Spell Relief?

*Lucile H. Jones*

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*Lucile H. Jones*

## **How Do You Spell Relief?** Lucile H. Jones

If you thought relief was spelled R-O-L-A-I-D-S, you have another thing coming. The author of this book shows how one can maintain or regain his physical, mental and spiritual health by following eight simple, natural steps. Anyone interested in health in its various aspects will enjoy reading this book.

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