



Zooming Thru Life: Bring Sanity To Your On-The-Go Lifestyle

Paul M. Carhart

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Among his Art Director colleagues, author Paul M. Carhart has a reputation for being one of the most organized. But how does a self-described "flakey artist" attain such renown with his peers? Carhart credits the little things he's picked up along the rollercoaster ride known as his life. Now he shares these tidbits, many of them learned while traveling but equally relevant at home, in *Zooming Thru Life: Bring Sanity To Your On-The-Go Lifestyle*. We all live an on-the-go lifestyle to one degree or another. So do yourself a favor. Use Carhart's tips to take care of the little things so you can focus on the larger expanse of your life. And enjoy the rollercoaster ride.

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