



Coaching Girls' Basketball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls

Sandy Simpson

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Coach Girls for Success on and off the Court

Coaching girls' basketball is a blast! Witness a well-executed fast break, an intense defense, or a team's unbridled enthusiasm, and you can't help but be inspired. The effort, pride, and enjoyment on the girls' faces are great rewards for parents and often the signs of a good coach—the type of coach you want to be. So how can you get there?

Perfect for coaches of girls up to age 13, *Coaching Girls' Basketball* includes everything you need to be an outstanding coach and mentor to your players. Whether you are a seasoned coach looking to fine-tune your skills or a rookie eager to take the court running, you'll discover techniques for success that are tailored specifically to the needs of girls, including:

- Drills and strategies for coaches new to the world of coaching basketball
- Tips on what girls want and need from their basketball experience
- Practical suggestions on how to motivate in a positive and encouraging way
- Advice for helping girls deal with their changing bodies
- And much more!

Now, *you* can be a coaching winner and help bring out the best in your players, both on the court and in the game of life.

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Christine Clute:

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