



Getting out from the Funhouse Tunnel: How I overcame Superior Oblique Myokymia

Simon Beider

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SECOND EDITION

This book is an unusually honest narrative that explains how Superior Oblique Myokymia affects the body, mind and soul, of those who suffer SOM.

Simon Beider, courageously recounts in the first person, his own journey to get out from the funhouse tunnel (a metaphor for the perception of the world from the SOMer's viewpoint).

This book explains how doubts, fears and stress arise along the way, as well as the professional support, tools, contexts and personal attitudes, required to cope with SOM and, eventually, find what lies underneath, to overcome this condition.

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