



# Kosher Chic: A Gourmet Guide for Holidays and Entertaining

*Shearith Israel SISsterhood of Dallas Texas*

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Almost thirty years ago, the women of Congregation Shearith Israel SISterhood, published the cookbook, A Taste of Tradition. It contained adapted kosher recipes contributed by family members of the synagogue. Over the decades, lifestyles have changed significantly along with food preferences, meal planning and meal preparation. However, the core of Jewish traditions, customs and kashrut has remained steadfast in today's Jewish homes. This cookbook offers recipes for both contemporary and traditional foods that reflect the healthier food choices of today while still savoring our family favorites. Entertaining secrets celebrate the holidays with decorating ideas that bring each holiday to life. Thoughts on kosher as Healthy or Holy provide another perspective on the meaning and practice of kashrut. Kosher Chic also offers a broad sampling of Southwestern foods reflecting the influences of our Southwest region and the popularity of Southwestern and Tex-Mex cuisine. Some of our favorite recipes are: Sombrero Guacamole Dip Southwest Appetizer Cheesecake Southwestern Punch Vegetarian Taco Soup Hearty Chili Tilapia Tacos Chili, Cheese and Black Bean Enchiladas Texas Chocolate Pecan Cake Kosher Chic spotlights our heritage of traditional Ashkenazi foods including: Corned beef Death by Cholent Stuffed Cabbage Grandma's Chicken Soup Old Fashioned Cheese Blintzes Nana's Rugelach The book also features savory Israeli/Sephardic recipes including: Baba Ghanouj Classic Israel Salad Moroccan Chicken World Cup Stuffed Peppers Couscous with Raisins, Almonds and Saffron A complete index by food and recipe and individual section indexes make finding recipes easy.

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