



The No Scales, Just Songs Vocal Workout : Alto/Bass/High Tenor Version

Susan Anders

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Also available in a baritone/soprano version

The original innovative vocal warm up and voice training method consisting of pop, rock and jazz songs from the 1940s-90s that gradually increase in difficulty--no scales, no arpeggios...nothing but songs. The songs can be sung with the lyrics or with the recommended vocal warm up sounds. Since it's release, thousands of singers throughout the world have used the workout to develop and/or maintain their vocal technique and strength.

Includes:

Two CDs of 17 fully produced songs. Disc 1 includes the songs with vocals and instructional introductions. Disc 2 has the same songs without vocals. Disc 2 also has a section on how to stylize the songs once they are mastered.

53-page updated guidebook including detailed vocal technique information, song lyrics, vocal warm-up tips, troubleshooting hints, vocal stylizing ideas, glossary, study tips and more.

Sing the **Warm-up Set** to loosen up, breathe correctly, increase your range, and to build control, resonance and better tone.

Sing the **Workout Set** to increase your volume, vocal endurance, sustenance, belting ability, and pitch dexterity.

Beginning singers can sing through the workout at their own pace to learn how to sing correctly and to develop good vocal technique and strength. Experienced singers can skip the instructional intros and use the workout as a vocal warm-up to build and maintain their vocal technique and strength.

Songs:

Unchained Melody

Sweet Dreams (Are Made of This)

Save the Best for Last

Sunny Came Home

Young at Heart

How Sweet It Is (To Be Loved By You)

All of Me

Angel From Montgomery

Willow Weep For Me

Since I Fell for You

Walk Away Renee

Centerpiece

I'll Stand by You

Dark End of the Street

Crazy Baby

Wade in the Water

Can't Help Falling In Love

Range:

Alto/Bass version: Eb-D (almost two octaves)

Baritone/Soprano version: Ab-G (almost two octaves)

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