



# Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are

*Danny Gregory*

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**Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are** Danny Gregory

Packed with the signature can-do attitude that makes beloved artist Danny Gregory a creativity guru to thousands across the globe, this unique guide serves up a hearty helping of inspiration. For aspiring artists who want to draw and paint but just can't seem to find time in the day, Gregory offers 5- to 10-minute exercises for every skill level that fit into any schedule—whether on a plane, in a meeting, or at the breakfast table—along with practical instruction on techniques and materials, plus strategies for making work that's exciting, unintimidating, and fulfilling. Filled with Gregory's encouraging words and motivating illustrations, *Art Before Breakfast* teaches readers how to develop a creative habit and lead a richer life through making art.

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