



Therapeutic Interventions for Families and Children in the Child Welfare System

Sheri, Dr., PhD Pickover, Heather, MS, ATR, LPC Brown

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Includes treatment issues not covered elsewhere

This one-of-a-kind resource for mental health professionals in multiple settings is a comprehensive guide to treatment issues unique to children and families who have a relationship with the foster care system. With a focus on understanding how to negotiate the child welfare system, the book identifies and addresses mental health and behavioral issues specific to this population and provides proven, effective treatment interventions. It brings together in one place the myriad of current resources available to help such children and families, and addresses situations that span removal from the home to kin or foster care, to reunification, adoption, or other permanent family connections.

Broad in scope and depth, the text includes treatment issues not discussed elsewhere, such as how to cope with acting out in the foster home, how to draft a behavior modification plan, and how to maneuver through the court process. It delivers evidence-based guidelines for engaging and collaborating with multiple parties including other professionals, addressing crises, and assisting with transitions. The book covers assessment from the perspectives of the client, caseworker, and therapist, and discusses the use of medications, complications, and barriers to effective treatment. Strategies are also directed at such specific issues as sexual abuse, physical abuse, substance abuse, neglect, trauma, and attachment. Of special interest is a focus on the worldview of the parties involved in the child welfare system, including the child, the family, the birth parent, and the foster parent. Additionally, the text provides behavior modification plans that work and social skills training. Chapters weave case studies, ethical issues, multicultural concerns, and current research into a highly accessible guide.

Key Features:

- Provides core information about the child welfare system for mental health professionals who work with this population
- Includes treatments that really work
- Illustrates, through case studies, how to combat common issues for the child welfare population and their families
- Describes strategies for engagement, collaboration, addressing crises, and assisting with transitions
- Addresses specific treatment issues not covered elsewhere

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