



# Calm Trader: Win in the Stock Market Without Losing Your Mind

*Steve Burns, Holly Burns*

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# **Calm Trader: Win in the Stock Market Without Losing Your Mind**

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## **Win in the Stock Market without Losing Your Mind**

Learn how to identify and overcome mental challenges that could be limiting your trading success.

### **Benefit from someone with more than 20 years experience**

Steve has done the research so you don't have to. Each of these fourteen principles are part of what has made him successful for more than two decades.

### **Avoid stress and make money**

These principles will help you build a strong trading foundation and keep you from succumbing to stressful situations that will cost you money.

### **Principles to help you overcome stressful situations**

This book is not just about principles. It provides actionable exercises that will change the way you live and trade.

### **In this book you will learn:**

1. To identify stressful situations that may be costing you money
2. How to deal with these situations in a productive way
3. To profit more and stress less

### **Become a calm trader**

Don't run the risk of ruin by ignoring these important stock market principles. Learn to win in the stock market and save your sanity!

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#### **Chad Wood:**

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