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Done Darkness: A collection of stories, poetry, and essays about life beyond sadness is an anthology about the triumph of hope over hopelessness for those with depression or other mental illness. These narratives, from multiple award-winning authors, reflect the daily battle with various forms of depression: clinical, postpartum, and reactive, just to name a few. Real life plays out on the pages, depicting empty nests, grief, missing children, contemplating suicide, postpartum anxiety and more. Readers will connect, think, laugh, and maybe shed a sympathetic tear while gaining a better understanding of their own experiences or perhaps of a loved one.



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