



Giving up control in relationships: How to recognise and stop controlling behavior

mordechai hazenfus

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You may be controlling your partner/spouse and not realize the damage you are doing, or maybe you are feeling controlled?

This is an eBook on my journey in being controlling in a relationship, how it hurt me and those around me, and what you can do about it. Most importantly, what i learned about myself in the process. I have been as honest with my experience as possible, without the accompanying drama.

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