



Safer Medicine Towards Clinical Scientific Evidence Based Medicine

Mayer Eisenstein

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What is wrong with this picture? We live in a society where birth takes place in the hospital with induction of labor, routine episiotomy, and cesarean section. Infant formula, antibiotics, and vaccines are given routinely to our children. Young women are on synthetic hormones to prevent pregnancy and then placed on fertility drugs to achieve pregnancy. Our children are medicated in order to learn in school. As we approach menopause we are shifted to another synthetic hormone to prevent symptoms of premenopause and menopause. All along our population is diet conscious, yet growing heavier and heavier.

This "modern" medical care has produced a country (America) which ranks 20th, among the top 20 industrial nations with regard to infant and maternal mortality, in spite of spending more money on medical care than any other country in the world.

Most doctors will try to scare you about different diseases. Dr. Eisenstein will try to scare you about the treatments doctors will try to impose upon you. Through the scientific literature, we see that in most cases, time-honored, low-tech methods, in conjunction with nature are still superior to the high-tech, high intervention approach.

Dr. Eisenstein is the CEO of Homefirst® Health Services and the talk show host for the nationally syndicated radio show "Family Health Forum". Under his direction Homefirst® has delivered over 14,000 babies at home and cared for over 60,000 mothers, fathers, children and extended family members. Homefirst®'s greatest pleasure has been to provide the opportunity for its families to grow and enrich their lives with the knowledge that they are taking charge over their health and maximizing their greatest health potential. Relying on his more than 27 years as a clinical physician and now also as an attorney, Dr. Eisenstein brings you the facts and figures why we must strive for evidence based scientific medicine, not the unscientific medicine which is being practiced today.

Safer Medicine will change forever the way you look at medicine and its myriad of procedures.

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