



Ten Years Later: Six People Who Faced Adversity and Transformed Their Lives

Hoda Kotb

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In *Ten Years Later*, New York Times bestselling author and beloved coanchor of the *Today* show's fourth hour Hoda Kotb examines game-changing moments experienced by six different people—then revisits those people a decade later. From a mother of two who struggles with an abusive relationship, to a civilian hero of 9/11 who suffers tremendous personal loss in the wake of the terrorist attacks: the harrowing obstacles they faced shook them to their core, but each of these people found the strength to take the first step in a journey that changed their lives for the better. In these beautiful, astonishing, and life-affirming stories, Hoda reveals how adversity can unleash our best qualities: resilience, perseverance, gratitude, empathy, and creativity. This book will show you how to believe in the future, no matter how dark the present, and inspire you to take the first step in your own journey of personal growth.

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