



The Brain Workout- 10 Brain Exercises to Help you Start Thinking Like a BOSS

Tammira Lucas

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Many times we are asked how we began our journey to becoming our own BOSS or starting our own business. Our response to that is you have to learn how to exercise your brain to think like a BOSS. We all know that in order to get results from the gym you have to commit yourself to going; similarly, if you want to become a BOSS you have to commit to take the necessary actions to become one. In this guide my husband and I will cover how to exercise your brain to think like a BOSS and to ultimately become ONE.

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