

# The Renewing of the Mind Project: Going to God for Help with Your Habits, Goals, and Emotions

Barb Raveling

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Do you ever feel like you'll never change? Maybe you've been struggling with the same sin for years. Or you're stuck in the grip of a negative emotion. Or you've been trying to start a habit, but it's not happening. You feel like you'll never change.

But here's the truth: God is powerful and He wants to help you. This book is all about going to God for help with transformation. You'll learn how to:

- Break that habit you thought you'd never break.
- Gain victory over negative emotions like anger, worry, and insecurity.
- Start life-enriching habits, such as having a daily quiet time.
- Follow through on that goal you've always wanted to pursue.

Paul tells us in Romans 12:2 that we're transformed by the renewing of the mind. In The Renewing of the Mind Project you'll choose a project—something you'd really like to change—and apply Romans 12:2 to that project. Here are a few of the things you'll be learning while you work on your project:

- How to renew your mind on a practical, day-by-day basis.
- How to pray Scripture, using the 250+ verses in this book.
- How to visit with God about your project, using the 48 sets of questions in this book.
- How to truth journal.

As you work with God on your project, you'll not only gain victory in that area of your life, you'll also grow closer to God and more dependent on Him. And what could be better than that?



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Why don't make it to become your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite book and reading a guide. Beside you can solve your short lived problem; you can add your knowledge by the e-book entitled The Renewing of the Mind Project: Going to God for Help with Your Habits, Goals, and Emotions. Try to face the book The Renewing of the Mind Project: Going to God for Help with Your Habits, Goals, and Emotions as your pal. It means that it can to become your friend when you experience alone and beside that course make you smarter than before. Yeah, it is very fortuned for you. The book makes you a lot more confidence because you can know anything by the book. So, let me make new experience along with knowledge with this book.

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