

# Life Begins At The End Of Your Comfort Zone: How to be Successful and Positive, How to Get Over Rejection (Improving Self-Esteem and Being More Confident) (Volume 2)

K. M Gramlich



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Life Begins At The End Of Your Comfort Zone: How to be Successful and Positive, How to Get Over Rejection (Improving Self-Esteem and Being More Confident) (Volume 2) K. M Gramlich LIFE BEGINS AT END OF YOUR COMFORT ZONE "The two most important days in your life are the day you are born and the day you find out why"- Mark Twain Too many of us are living for someone else and not ourselves. We're all busy with day to day tasks, work, and being a family. Many times we find ourselves wonder where the time has gone and thinking "I wish I would of done this or that." This book gives you a clear work-through that can assist you in developing the skills of self motivating yourself thereby unleashing your personal creativity and success. The techniques here can be used both by individuals or teams in organizations. In them, you'll learn how to self motivate yourself in the most effective ways. You'll also discover the Personal Motivation is intrinsic and thus it is self-driven by your goals,needs and feelings. Be sure to grab a copy of this book today and start living a better, more effective life for not only yourself, but for those around you.

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